



Mt. Tabor SUN Community School

Spring 2019 After School Programs

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Dear Students & Parents of Mt. Tabor Middle School:

SUN (Schools Uniting Neighborhoods) is very excited to offer new classes this spring, as well as some old favorites! Attached is a comprehensive list of activities you have to choose from, along with a registration & a release of information form. The enclosed forms are necessary for you to complete in order to grant your child permission to participate in our after-school programs.

Registration: Forms are due by Friday, March 15th.

Return completed forms to the SUN office (Rm. 106). Students' schedules will be listed in SUN Office door (Rm.106), SUN whiteboard near entrance of the front doors, and on the windows of the main office.

Spring term begins/ends: Monday April 1st - Thursday May 24th.

Daily Schedule:

7:45am - 9am **Class in session** Jazz Band meets in the Band room.

3:45pm-4pm **Snack/Sign in** Meets in Cafeteria - As soon as they are released from school, students enrolled in SUN should head to the cafeteria for snack and sign in.
(Students provide their own snack).

NO STUDENT IS ALLOWED TO GO OFF SCHOOL CAMPUS, QFC TO GET SNACKS!

4pm-5pm **Classes in session** **Students will be released to their SUN class.**

Fencing, HW Club, Pokemon/Magic Cards, Sports Mixer, Rock Music Jammers, Photography, Drama, Knitting, Board/Gamers Club, Chess Club, Garden Club, Open Gym, Debate Club.

NEW CLUBS THIS TERM: Table Tennis & Choir

4-5:30pm **Classes in session** **Girls INC & After School Band**

Enrollment Eligibility:

We will make our best effort to accommodate your class selections; however, we cannot guarantee that every class you choose will be available. Please use the section on the back of the form to inform us of any special registration needs or concerns.

Evening Programs:

We offer a variety of classes through Portland Parks and Recreation, such as Belly Dancing, Yoga, Soccer for ages 4 to 8, Self Defense and even Zumba! CHECK OUT our evening classes offered right here at Mt. Tabor Middle school for younger and wiser ages at www.portlandparks.gov for more information.

Commissioner Nick Fish

Interim Director Kia Selley



SUN Community Schools are a collaboration between Multnomah County; Department of School and Community Partnerships, the City of Portland; Portland Parks & Recreation and Centennial, Reynolds, Parkrose, David Douglas, Gresham-Barlow and Portland Public School Districts.



SUN After School Course Descriptions

<p>NEW After School Beginning BAND: Are you in a language immersion program and want to learn a band instrument? Come hang out after school with Erick Escobar and play music for fun and for possible preparation for high school! Instruments include any brass or woodwind instruments. No experience needed! Brand new musicians are welcomed. Class meets Monday and Wednesday 4-5:30pm in Room 131 (Band room). (No class 4/8) Cost \$120</p>
<p>NEW After School Intermediate BAND: Want another chance to play and work on your skills? Get the tutoring you want with Mr. Eric who will give you the opportunity to be a stronger musician. MUST HAVE 1 YEAR OF EXPERIENCE with instrument. Class meets Thursday 4-5:30pm in Room 131 (Band Room). Cost \$60</p>
<p>Board/Gamers Club: Come play board games against fellow classmates! Thursday 4-5pm \$10 fee.</p>
<p>Chess Club: Students of all levels are welcome to come to learn the game of chess. Thursday 4-5pm \$10 fee</p>
<p>NEW Choir Club: Choir Club emphasizes teamwork while developing basic and early-intermediate musical skills. This class brings the traditional choral experience into the 21st century with a modern attitude on group singing. Participants will sing in various styles, performing music that promotes inclusivity and social/cultural awareness. Choir Club lays a successful foundation for young singers to be successful as they move into high school performing arts classes. The session culminates in a final performance for family and friends. No experience needed, all are welcomed! Wednesday 4-5pm Cost \$25</p>
<p>Debate Club: If you find yourself constantly arguing with other people or you feel passionate and want to speak out, you should check out debate club to become a great debater. Tuesday 4-5pm \$15 fee</p>
<p>Drama- Spring Term Develop a foundation in the world of theatre, through theatre games, improvisations, movement, storytelling & voice exercises and learn what's expected of young actors. Thursday 4-5pm \$25 fee.</p>
<p>Fencing: Introduction to tactics, techniques, footwork & blade work builds life long qualities! No experience needed! Sign up online @ www.portlandparks.gov Monday 4-5pm (No school 4/8) \$31.50 fee</p>
<p>Garden Club: An awesome new club ran by Mt. Tabor's own Mr. Blackford, that teaches you how to conserve and protect plants, trees, shrubs, and flowers. You will learn to appreciate nature! Thursday 4-5pm Free</p>
<p>Girls Inc.-Go Girl Go encourages girls to become more physically active, and promotes staying active for life. This interactive curriculum also helps girls maintain self-respect, self-confidence, and a positive self-image. Lessons focus on the connection between mind and body, nutrition, and leadership skills while working together with and building positive relationships with other girls. Wednesday 4-5:30pm Free</p>
<p>Homework Club: Finish up work with your teachers. Monday & Wednesday 4-5pm 1/7-3/20 (No class 4/8) Free</p>
<p>Spring Term Jazz Band : Jazz Band meets Monday thru Wednesday Mornings before school with the director Ryan Meagher. Instruments include: flute; bass & Bb clarinet; alto,tenor & bariton saxs; bassoon; trumpet; trombone; baritone; tuba; guitar; piano; bass; drums and percussion. Jazz Band 101: Intro/basics and building a fundamental basic to Jazz Band. Required for 1st year Jazz Students, recommended for 2nd year Jazz students. Monday & Tuesday (No class 4/8) \$135 fee Jazz Band 102: Reviewing the Fundamentals of Jazz, while exploring familiar music that is modern. Geared toward students who took Jazz Band before (7th & 8th graders) Tuesday & Wednesday \$135 fee</p>
<p>Knitting: Learn all sorts of knitting & crocheting skills. Students provide own supplies. Wednesday Rm. 105 \$20 fee.</p>
<p>Pokemon/Magic Card Gatherings: Battle your friends and other classmates with your Magic Cards! Please bring your own cards. Monday (No school 4/8) \$10 fee.</p>
<p>Open Gym: A place where you can come play various sports and games in the gym. Thursdays 4-5pm Free</p>
<p>Rock Jammers: Come jam out with Jamie the Tech guy! Please bring instruments. Tuesday in band room \$10 fee.</p>
<p>Sports Mixer: Come with your friends every week to learn/play popular sports & games. Tuesday Fee \$10</p>
<p>NEW Table Tennis: TTC is bringing table tennis after school and is inviting students to come learn how to play. No experience needed. Please only choose one of these days so everyone has a chance to participate. If child really wants more than one day, contact Chelsea Kimura to see if there is space. Monday or Tuesday from 4-5pm in small Gym (No class 4/8) Fee \$15.</p>

Clearly mark your 1st & 2nd choices for each day that you want to participate

STUDENT NAME: _____

Parent Signature: _____

Spring Term Morning SUN Programs (7:45am-9am)							
Monday		Tuesday		Wednesday		Thursday	
	Jazz Band (7:45-9am)		Jazz Band (7:45-9am)		Jazz Band (7:45-9am)		
Spring Term After-School Programs (3:45pm-5pm/5:30pm)							
Monday		Tuesday		Wednesday		Thursday	
	Fencing (Big Gym) \$31.50		Debate Club (Cafeteria) \$15		Homework Club (Library)		Drama (Cafeteria) \$25
	Homework Club (Library)		Sports Mixer (Big Gym) \$10		Knitting (Rm. 105) \$20		Board/Gamers Club (Rm. 107) \$10
	Magic Cards (Rm. 109) \$10		Rock Music Jammers (Rm.131) \$10		Choir Club (Cafeteria) \$25		Chess Club (Library) \$10
	Table Tennis (Small Gym) \$15		Table Tennis (Small Gym) \$15		After School Beginning Band (Rm. 131) \$120		Garden Club (Cafeteria)
	After School Beginning Band (Rm. 131) \$120				Girls Inc. 4-5:30pm		Open Gym (Big Gym)
							After School Intermediate Band (Rm. 131) \$60

Use this section to indicate special registration needs or concerns; rank your preferred days, etc.

We will make our best effort to accommodate your scheduling needs.